

QUALIFICATIONS

YOGA

LEVEL 1 (350 HR) YOGA TEACHER
LEVEL 1 GENTLE SOMATIC YOGA TEACHER
YIN YOGA TEACHER

PROFESSIONAL ASSOCIATION MEMBER

YOGA AUSTRALIA, BOWEN THERAPISTS FEDERATION OF AUSTRALIA,
INTERNATIONAL INSTITUTE FOR COMPLEMENTARY THERAPISTS

PROFESSIONAL DEVELOPMENT

YOGA ASANA FUNDAMENTALS, YOGA FOR BACK CARE, YOGA FOR ANXIETY, STRESS &
DEPRESSION - Flo Fenton
IYTA YIN YOGA LEVEL 1 CERTIFICATE
4 DAY BYRON YOGA CENTRE YIN TRAINING
4 DAY LIZZIE LASATER RESTORATIVE YOGA TRAINING
THE EMMETT TECHNIQUE MODULES 1, 2, 3 & 4
20 HOUR SAVASANA INTENSIVE - Judith Hanson Lasater
SIJ WORKSHOP - Donna Farhi
AUSTRALIAN GOVT: DEPT OF HEALTH – INFECTION CONTROL – COVID 19
SHBBSPA003 PROVIDE STONE MASSAGES
IYTA CHAIR YOGA FOR SENIORS – CURRENTLY STUDYING
YOGA INTERNATIONAL: YOGA DECONSTRUCTED®: CREATIVE SEQUENCING WITH SOMATICS
WITH TRINA ALTMAN
LIVING YOGA SOMATIC SERIES

BOWEN THERAPY

CERT IV + DIP IN BOWEN THERAPY + ADV PRACTITIONER

MASSAGE

CERT IN SPORTS & REMEDIAL MASSAGE
INTERNATIONAL AESTHETICIENNES - DIPLOMA IN BODY THERAPY
MARY REID - DIPLOMA IN BODY THERAPY
DIPLOMA IN SEATED ACUPRESSURE MASSAGE
INTERNATIONAL THERAPY EXAMINATION COUNCIL - PHYSIATRICALS DIPLOMA

AROMATHERAPY

DIP IN CLINICAL AROMATHERAPY

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